



FRIENDS OF ANSTEY HILL

Formed 1988

ABN: 53 952 413 248

Postal address: PO Box 653, St. Agnes, 5097.

Website address: <http://www.communitywebs.org/friendsofansteyhill>

Facebook: <http://www.facebook.com/friendsofansteyhill>

Email: anstey.friends@gmail.com

NEWSLETTER

May 2020

No: 3/2020



Photo by Lea Crosby

Anstey Hill Recreation Park continues to provide family leisure and relaxation opportunities to the local community.

Thanks to Lea for capturing this family group heading south towards Gate 13 leaving the Nursery ruins on Newman's Track behind them.

A haven for escape and relaxation in occasional troubled times.

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From the Editor's Desk

1. Editor recently came across a pretty shrewd observation purportedly made by Greek philosopher Socrates about 2,400 years ago. He said: *"He who is not contented with what he has, would not be contented with what he would like to have"*.

Possibly this viewpoint could be attributed to many who openly yearn for a quick return to those pre-COVID freedoms which they took for granted when they were freely available!

If there is a lesson to be learned from the situation in which we now find ourselves it must surely be the constant need to always consider and strive to support others in times of difficulty and essential restraint. By so doing we will stand a better chance of emerging from this and other such challenges as individual members of a better community.

About 100 years earlier Confucius, had said *"Consideration for others is the basic of a good life, a good society."* Two amazing communicators considering their lack of internet access.

Perhaps we need to face, tackle and survive hurdles such as COVID to appreciate the truth of their separate remarks made so long ago.

2. Members wishing to submit material for inclusion in the next and subsequent issues are requested to forward their drafts to editor one week before the specified issue dates:
 - Issue 4/2020 on 26 Aug. 2020
 - Issue 1/2021 on TBA.

FOAH and DEW Contacts, Key Dates and Warning

➤ FOAH

Group Contact Details

Postal: PO Box 653, St. Agnes, S.A. 5097
Phone: 0413 248 290
ABN: 53 592 413 248
Website: www.communitywebs.org/friends-of-anstey-hill
Facebook: www.facebook.com/friends-of-anstey-hill
Email: anstey.friends@gmail.com

Committee Members:

President & Minute Secretary: *Lea Crosby*
Treasurer: *Jim Crosby*
Secretary and Facebook Coord: *Christine Thomas*

General Committee Members

*Rob Carthew, Roger Collier, Steve Lukacs, John Harmer,
Marie Mudge, David Prest, Anna Rulla*

Non-Committee Members

FOAH Seed Collector: *Mary Lane*
Webmaster: *Nathan Lysaght*

Key Dates 2019-20

Committee Meetings

Wednesday 7.30pm

TTG Heritage Museum

- Suspended until further notice
- 7 Oct. 2020 (AGM)
- 4 Nov. 2020 (TBC)

Planting Day

2019-20

- Sun. 14 June at 9.30am at Friends Shed.

Newsletter Issues

Issue #	Target Date
4/2020	26 Aug. 2020
1/2021	TBA

2 DEW

Contact Details

Gawler Office

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Gawler. SA, 5118
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Black Hill Office

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Athelstone,
Phone: 8336 0901

Anstey Hill R.P. Senior Ranger

Tammy Leggett

Phone: 0400 740 583
8115 4626

Anstey Hill Ranger

Norman Schulze
Phone: 0448 730 085

Volunteer Support Office Central District

Steph Cole
Phone: 0427 055 719

DEW Volunteer Support Unit Central District

Pam Smith
Phone: 8124 4784

3 Notices for the Wednesday Bushcare Group

Meet at the shed at **8 30 am.**

No volunteering in the park when the forecast is for **SEVERE, EXTREME or CATASTROPHIC** warnings issued the previous evening or on the Bureau of Meteorology website <http://www.bom.gov.au/sa/forecasts/adelaide.shtml>

President's Report

Although no formal celebrations can take place we congratulate all our volunteers for contributions over the last twelve months (National Volunteer Week was from 18 -24 May).

It was with regret that Government House advised that due to the current health situation, and in accordance with Government directives, the Governor's reception to acknowledge the Friends of Parks on 30th March 2020 was cancelled.

At present, our bimonthly meetings are suspended until restrictions are lifted. Members will be notified of any changes.

I hope that everyone is healthy, safe, and coping with the pandemic. As restrictions are eased (because we have been so good), we are able to return to volunteering in Anstey Hill Recreation Park. Thank you for your patience and understanding, especially those who are 'champing at the bit' and wanting to help out as soon as possible. Now that Daylight Saving time is over, we will meet at the Friends Shed on a Wednesday morning at 8.30 a.m. for our weekly Bushcare session. A few planned activities for the volunteers include digging holes in readiness for planting the seedlings in various locations in the park, planting, weeding and removal of some old fencing.

Approximately 15 boxes of seedlings were planted at our Propagation Day on 1 December 2019. Thank you to those who are caring for the seedlings. Our Planting Day scheduled for Sunday 17th May was cancelled due to the pandemic. With restrictions to be eased early in June, it is now proposed to hold a members only Planting Day on Sunday 14th June, commencing at 9.30am at the Friends Shed.

We still need to be aware of social distancing and gathering restrictions. Please advise by email if you are planning to attend. leacrosby@internode.on.net

Advice from Mary Lane, our seed collector, is to:

- keep seedlings in the sun and thin out to one seedling per tube
- do not fertilise
- if getting tall trim top third of growth
- watch out for caterpillars/fungal infection and treat by picking off bugs or spray with gentle spray.
- not too much watering. Toughen them up!

A benefactor and his family have donated \$10,000 to FOAH for priority works in AHRP. The donation will be spent on the removal of a large section of blackberry and other invasive weeds from The Lookout down to Newmans Track. FOAH has employed a contractor as the slopes are too steep for volunteers to carry out the work.



Area of Weed infestation.

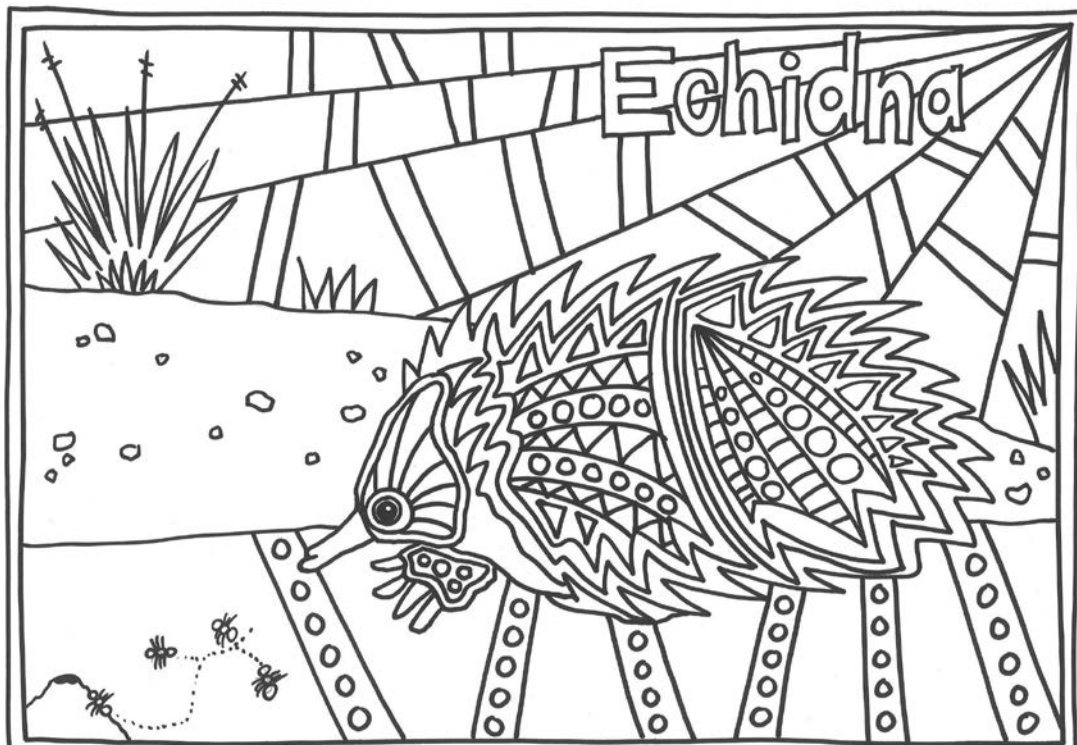
We are extremely grateful for the generous donation to FOAH and thank the Carthew family for considering us.

The contractors engaged by FOAH have completed the projects funded through the Natural Resources Management, AMLR and DEW On-Parks grants. The sites included The Water Gully creek line westward from the Newmans Nursery ruins and surrounds.

A plan to engage with Banksia Park International High School (BPIHS) students in a Fire Management project at AHRP this year was cancelled due to the pandemic. Teachers and students were disappointed that they were not able to commence the project but we look forward to involving the students in the near future. We also look forward to engaging with students from Banksia Park and Kathleen Mellor Kindergartens.

As echidnas have been spotted in AHRP recently I thought this design is worth a mention. Being stuck indoors doesn't mean you have to disconnect from nature. Why not try your hand to some SA native wildlife designs. **Natural Resources SA Murray-Darling Basin** have 31 colouring-in sheets that are downloadable and ready for you to print and colour. Great for kids and adults alike!

<https://www.naturalresources.sa.gov.au/samurraydarlingbasin/education/teaching-resources/colouring-sheets>



From DEW's Campground Host program '*Bush Babbler*' editions May 2020:

What is prescribed burning and why do we do it?

Prescribed burning is the controlled application of fire to a particular area of landscape. The aim is to strategically reduce fire fuel hazards in areas of parks and reserves.

Reducing fuel hazards is important because it can make bushfires easier to control, help prevent a bushfire spreading to residential areas, and ultimately save lives and property.

Prescribed burning is also used for ecological reasons, such as:

- the protection and maintenance of animal habitats
- regeneration of plant species and communities that are reliant on fire, and
- improved biodiversity within parks and reserves.

Generally, prescribed burning takes place in autumn and spring, and only on certain days when conditions are suitable. The right combination of fuel load, fuel moisture, temperature, relative humidity, and wind speed is needed for a prescribed burn to be conducted safely and effectively.

At a loose end?

Volunteering SA/NT are taking registrations from those interested in spontaneous pandemic volunteering opportunities and referring them to appropriate community service organisations.

After registering, you will only be contacted if/when there is a suitable volunteer activity for you to undertake during this emergency. Contact via website: www.volunteering-sa-nt.org.au
There are also still plenty of environmental volunteering options that can be done online.

Check these out:

- **FrogID** is a national citizen science project that is helping the Australian Museum learn more about what is happening to Australia's frogs. People can get involved in Frog ID count and help save Australia's frogs by downloading the Frog ID app and start to find and record frog calls in their area.
- **TurtleSAT** is a project that gathers important evidence on Australia's freshwater turtles so there can be appropriate safeguards out in place to protect turtles into the future. People can get involved by recording and mapping their observations and submitting the information to TurtleSAT.
- **BioCollect** is an advanced, but simple-to-use data collection tool for biodiversity science that was developed by the Atlas of Living Australia. Here you can search for citizen science projects that you can help with from your own home.

Some projects that may be of interest are:

Camera trap digitisation – Bushfire Recovery Projects: join global volunteers to classify species in camera trap images

Butterflies Australia: Collect butterfly sightings records

Wildlife Spotter: Become a wildlife spotter citizen scientist and assist researchers by looking for animals in wilderness photos taken by automated cameras around Australia.

Event – Green Living: Native Bees in Your Backyard (Prospect) – 17 June 2020

Join Jenny Deans for this family-friendly workshop to learn more about the special role of our native bees.

Discover: what native bees look like, and where they live; the importance of native bees in our environment; how to make a bee hotel; how to create a bee garden to attract native bees; how to care for our native bees.

Time: 7 – 9 pm. **Cost:** \$10

Each ticket includes the opportunity for an individual or group to make one bee hotel to take home along with a 'bee restaurant' pack of native plants to plant in your own garden. If you would like to make more than one hotel, purchase a ticket for each hotel you wish to make.

This activity is ideal for families, small groups or individuals and brought to you by the City of Prospect and the Adelaide and Mount Lofty Ranges Natural Resources Management Board.

Please register online at Eventbrite.



If you have not paid your membership fees for 2019-2020, they are now due

A Membership Form is provided at page 18.

Thank you to those who have already paid!

**Lea Crosby
May 2020**

May 2020 COVID-19 update: Bush For Life volunteering.

The following letter of encouragement was sent to Bush for Life volunteers and is provided in this Newsletter for the information of FOAH members who may not be Bush for Life carers.

I hope you're all finding your feet with our new life rhythm. I know you're all very keen to get back to volunteering and back to your Bush For Life site. We're all having to make major changes in our lives and I understand how challenging it is when your routine changes and your regular activities are no longer available. I appreciate the frustration some of you are feeling given the apparently low level of risk posed from Coronavirus in South Australia. However, a new case emerged only yesterday, so it's highly likely the virus is still undetected in the community.

Today, restrictions in SA have been significantly relaxed. We are very keen to resume volunteering but there are some factors that must be in place before we can give you the green light.

- 1. Ensuring volunteer safety as far as possible. We need to have protocols in place, and we need to ensure that you are all aware of, and following, these protocols. Many of our volunteers are over 60, which increases vulnerability not only to COVID-19 but to other illnesses such as influenza, and we are now heading into the peak flu season. Not exposing volunteers to unnecessary risk is a key concern.*
- 2. Complying with federal, state and local government guidelines and restrictions. We're keeping a close eye on announcements and will make our decisions based on the advice we receive from government and health experts. The changes announced today are positive and will allow us to progress along our re-starting pathway.*
- 3. Approval from our partner organisations, especially councils. As you know, most of our Bush for Life sites are on council land. Different councils have different policies around volunteering during the COVID-19 pandemic. Our ongoing relationship with partners, and access to sites, depends on us following their requirements. It's also important that our decisions are consistent across the Bush For Life program, so this means we need all partners to allow volunteering for us to recommence.*

We're aiming for 25 May 2020 to resume volunteering, but this will depend on whether we can achieve each of the above factors in that time frame.

In the meantime, our Bush for Life staff continue to work, following strict protocols, on high priority tasks on BFL sites to make sure that all your hard work is not undone. Our staff will communicate regularly with you, so please stay in touch with your Regional Coordinator.

Thank you for being understanding and doing the right thing. It gives us great confidence that you will follow the protocols when volunteering resumes, which is very important. In the meantime, we encourage you to spend time in your local parks and reserves walking and enjoying nature. Please contact Natasha Davis, Trees for Life CEO, on 8406 0500 or via email natashad@treesforlife.org.au or me on 0499 700 818 or via email ameliah@treesforlife.org.au if you have any questions.

Kind regards

Amelia Hurren, Manager, Bush for Life

COVID-19: info for volunteer groups



From Sedge Snippet April 2020. COVID-19: info for volunteer groups

You may have already received a copy of this information from Robyn Molsher, Manager Volunteer support but for those of you that missed it, please read on.

We have had a lot of enquiries from volunteer groups about volunteer activities during the COVID-19 pandemic and whether those activities can be continued.

We greatly value our volunteers and your health and safety is always a priority. We would strongly encourage you to stay up to date on information regarding COVID-19 from the South Australian

and Australian governments: [SA Government COVID-19](#) and [Australian Government Department for Health](#).

These websites include the latest advice about restrictions on non-essential activities, hygiene practices, social distancing, symptoms of COVID-19, and COVID-19 testing. It is important that we all do everything we can to reduce the spread of the disease.

The Department for Environment and Water has asked the Friends of Parks groups to cease all of their volunteer activities in SA parks. If your volunteer activity is operating outside an SA park on public or private land, we strongly recommend seeking advice and approval from the relevant land owner/manager in relation to any activities you may have planned. It is their decision as to whether continued volunteer work is appropriate in the present circumstances.

The Natural Resources Adelaide and Mount Lofty Ranges Volunteer Support Program is aware that this is a very difficult time for volunteer groups. Our team of dedicated Volunteer Support Officers are continuing to work from home to ensure support continues to our passionate and hardworking volunteers.

‘Discovering Country’ Cultural Bus Tour

From Sedge Snippet March 2020.



Enjoying a lunch stop at the Adelaide Botanic Gardens

Earlier this month, environmental volunteers went on a booked-out Discovering Country cultural bus tour. They visited important Kurna sites in the central and northern areas of Adelaide to learn about their cultural significance from tour leaders, Kurna Elder Aunty Lynette Crocker, Kurna Elder Frank Wanganeen and Senior Kurna man Corey Turner.

The group visited many sites including ancient camping grounds at The Torrens Weir (Piltawodli) and Pinky Flat, Government House’s backyard, the Aboriginal and Torres Strait Islander War Memorial, and Mawson Lakes to visit Watershed Wetlands and a mass burial site. The group walked (and drove) country together, building a sense of connection and discovering a shared understanding of cultural values. They heard stories about the impacts that are placed upon Kurna and significant sites, with the hope of developing pathways in working together for future generations.

Thanks to all those involved. We hope it was a fascinating and educational experience.

Report on Recent Plantings

I was up at the Park seed collecting recently and came across these plantings near Gate 16 which were introduced in June 2019 to reclaim a vehicular access track and original pylon foundation area following the earlier relocation of an Electranet cable pylon.

It is pleasing to see that they have survived the summer so well with few losses and good growth. It is a testament to deep planting in the compacted soil and some supplementary watering over summer.

With autumn rains they should thrive.

Here are two selected photos.

Hope you are ok in these difficult times

Mary Lane
Seed Collector
01 April 2020



Part of planting undertaken on 16 June 2019.
Photo by Mary Lane on 01 April 2020.



Candidate for ***Dux of the Class.***
Photo by Mary Lane on 01 April 2020.

Our Park in Pics

The following photographs were recently taken to record events, activities and progress occurring within the park since the date of the previous Newsletter No: 2/2020 (Feb. 2020).



Part of planting undertaken on 16 June 2019 view to east.
Evidence of DEW controlled burn on 14 April 2020
Photo by Keith Rendell on 18 April 2020.



Part of planting undertaken on 16 June 2019 view to west.
Photo by Keith Rendell on 18 April 2020.



View looking east from Newman's Nursery Ruins
Evidence of DEW controlled burn on 14 April 2020
Photo by Lea Crosby on 03 May 2020.

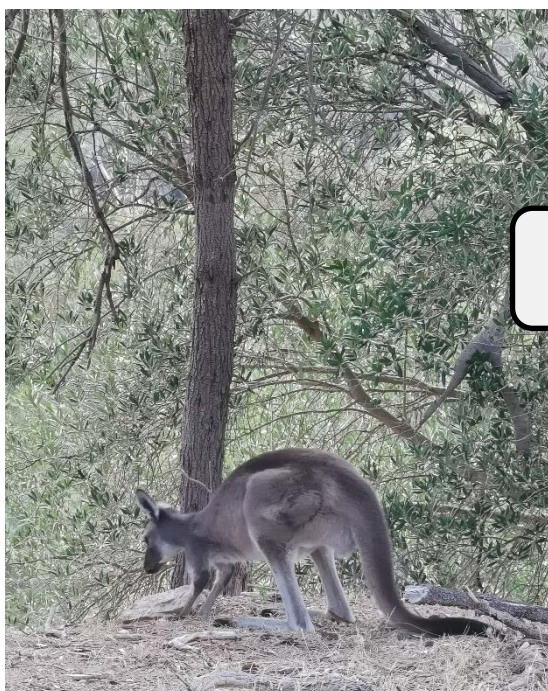
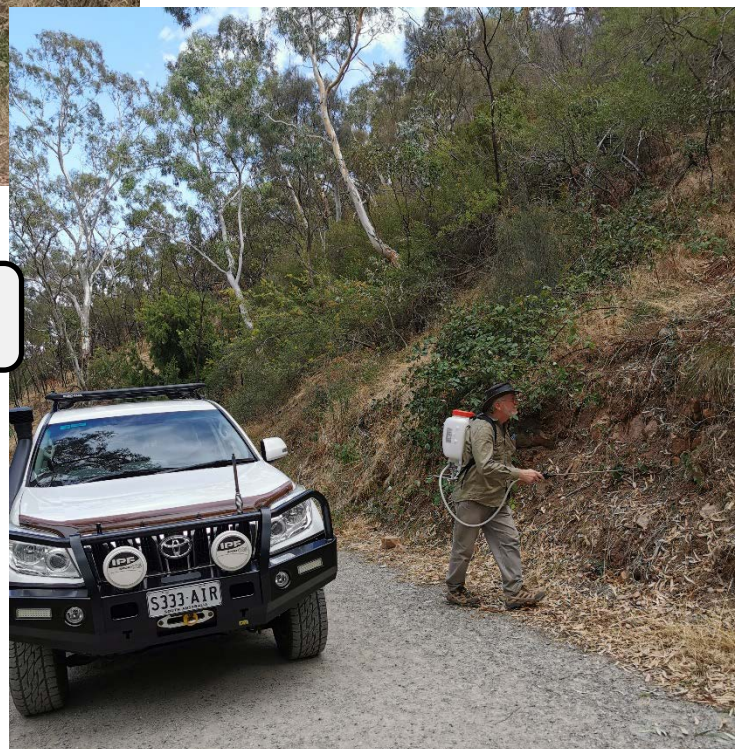


View looking south east from Newman's Track (between
Torture Hill and Nursery Ruins)
Photo by Lea Crosby on 03 May 2020.



Jim Crosby on Water Gully Track.
Photo by Kevin Laurence on 01 April 2020.

Steve Lukacs on Water Gully Track.
Photo by Kevin Laurence on 01 April 2020.



'My Park'.
Photo by Kevin Laurence on 01 April 2020.

Breaking Through the COVID – 19 Barrier



Editor has just counted the number of times that the word COVID has appeared in this Newsletter.

Have a guess!

The answer is seventeen which in my view is quite startling.

I promise to be more careful in my final offering for the year in late August.

Until then just check out that sun breaking through the clouds.



Native Orchid Calendar

Editor's Introduction.

Longstanding member Fiona Lewis has a fascination with the native orchids that are to be found within our park. She is also a keen and enthusiastic photographer. Fiona has prepared and provided an extensive article on this topic for the interest of members and for retention in FOAH archival records. This was first featured in the November 2019 issue of the FOAH Newsletter and a second was published in the February 2020 issue. It is intended that the large calendar which Fiona and colleague Lisa Incoll have compiled will be comprehensively and progressively presented, with photographs, over a sequence of consecutive issues of the Newsletter.

In the absence of copy for publication from other members for any given issue Editor will be able to include a greater number of orchid photographs. Oh, the joy of editorial power! It's the only reason he covets the job! Perhaps covet isn't the right word!

Here's the third instalment with another three orchids.

Nine down and another nineteen to look forward to.

Progressively Updated Native Orchid Calendar

Mosquito Orchid; April to August – was featured on page 12 of Newsletter # 1/2020.

Blood Greenhood Orchid; April to September – was featured on page 12 of Newsletter # 1/2020.

Large Shell Orchid; May to August – was featured on page 12 of Newsletter # 1/2020.

Banded Greenhood; June to September – was featured on page 19 of Newsletter # 2/2020.

Nodding Greenhood; June to November – was featured on page 19 of Newsletter # 2/2020.

Maroonhood; July to September – was featured on page 19 of Newsletter # 2/2020.

Dwarf Greenhood; July to October – is featured on page 17 of this Newsletter # 3/2020.

Spotted Donkey; July to October – is featured on page 17 of this Newsletter # 3/2020.

Bluebeard; July to October – is featured on page 17 of this Newsletter # 3/2020.

Veined Spider; August to October

Notched Onion Orchid; August to November

Gnat Orchid; August to November

Purple Cockatoo; August to November

Lemon Sun Orchid; August to November

Bearded Greenhood; September to October

Woodland Onion Orchid; September to November

Yellow Sun Orchid; September to October

Great Sun Orchid; September to November

Salmon Sun Orchid; September to October

Slender Blue Sun Orchid; September to October

Small White Sun Orchid; September to October

Pink Fingers; September to October

Blue Spotted Sun Orchid; September to November

Pepper Top; September to November

Wallflower Donkey; September to November

Hare Orchid; September to November (rarely flowers)

King Spider; September to December

Narrow Leafed Spider; September to December

Here is the third batch of photos:



Dwarf Greenhood
Photo by Fiona Lewis

Spotted Donkey
Photo by Fiona Lewis



Bluebeard
Photo by Fiona Lewis

Membership Form for Year 2019-20



Membership Form and Donation Advice (for year ending 30 Sept. 2020)

Friends of Anstey Hill, P.O. Box 653, St Agnes SA 5097

ABN 53 952 413 248

Please indicate membership category by ticking appropriate boxes:

- | | | | |
|----------------------------------|------|---|------|
| <input type="checkbox"/> Single | \$14 | <input type="checkbox"/> Single concession* | \$12 |
| <input type="checkbox"/> Family* | \$16 | <input type="checkbox"/> Family concession* | \$14 |

Note: * Standard definition for concession/family apply.

- | | |
|-------------------------------------|--|
| <input type="checkbox"/> Group \$22 | community association/club, business, government body etc. |
|-------------------------------------|--|

I would also like to include a donation of \$..... towards future and ongoing projects.

Name/s: _____

Address: _____

Phone: (home) _____ (mob) _____

Email: _____

For family memberships, please feel free to add additional names and email addresses so that all family members can be informed of FOAH activities and receive the club newsletter.

Normally all correspondence will be by email, but if you wish to receive a hard copy of our newsletter (approx. 4 each year), please let us know.

Payment methods:

- ☐ direct debit pay by mail (see below)

1. Payment ☐ by direct debit can be made to our bank account:

Friends of Anstey Hill, BSB: 105 155, Account no: 578 101 140

Please include the reference 'membership fees, your surname and initials'

Post this form or, alternatively, email the above details to anstey.friends@gmail.com

2. Mail this form together with your cheque/money order/cash (no coins please) to the above address. *(as our postal address is a PO box, it should be safe to mail cash, although other forms of payment are preferred)*

For more information on FOAH refer to <http://www.communitywebs.org/friendsofansteyhill>

Volunteer safety reminder: if you intend to help us undertake activities in the park, you are required to complete a Department for Environment and Water 'Volunteer Activity Registration Form' which can be accessed via our website.

Submit the completed form either via email or post (see address above).